



3.2



We`re all familiar with this popular American dish. Our take puts a healthy twist on things. We start with low-fat cheese and use it to cover whole-grain pasta. You`d never know it was healthy by asking the kids, though. They love this dish!

Creamy Macaroni Cheese V

Serving Size 1 each **Carbs: 31.00**

Served on Thu, 04/09/2026

Allergens



Wheat



Eggs



Dairy

Nutrients

Iron (mg)	1.08
Saturated Fat (gm)	6.00
Fiber (gm)	2.00
Carbohydrate (gm)	31.00
Calories (kcal)	290.00
Cholesterol (mg)	30.00
Sodium (mg)	980.00
Sugars (gm)	6.00
Vitamin A (IU)	750.00
Vitamin C (mg)	0.00
Calcium (mg)	400.00
Protein (gm)	17.00



Disclaimer

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