



3.8



Super healthy & super packed with vision-improving vitamin A. These carrots have been carefully crafted to fit the hands of growing kids, making it easy to see some crunching. Kids love carrots & these little guys are a great companion to any lunch meal!

## Carroteenies

Serving Size 0.5 cups **Carbs: 8.00**

Served on Mon, 01/12/2026

### Nutrients

Iron (mg)	0.36
Saturated Fat (gm)	0.00
Fiber (gm)	2.00
Carbohydrate (gm)	8.00
Calories (kcal)	35.00
Cholesterol (mg)	0.00
Sodium (mg)	65.00
Sugars (gm)	5.00
Vitamin A (IU)	6000.00
Vitamin C (mg)	6.00
Calcium (mg)	20.00
Protein (gm)	1.00



### Disclaimer

The information provided here is for general purpose use only. Yumyummi.com and the school district responsible for this data do not make any claims about the completeness, accuracy or reliability of this information. If you or your child has any food allergies, please contact your school district food and nutrition services for more information.

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