



4.0



A healthy student favorite! Our concha`s are made with whole grain!

Concha Bread B12E B12H

Serving Size 2.25 oz **Carbs: 34.00**

Served on Tue, 02/10/2026

Allergens



Wheat



Soy



Eggs

Nutrients

Protein (gm)	5.00
Carbohydrate (gm)	34.00
Calories (kcal)	200.00



Disclaimer

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